

## **Welcome!!**

### **Farmington/Northwood Swim team (FINS) Annual General Meeting 2009.**

Practice will begin **Monday, May 11<sup>th</sup>** @ 4:30 pm (for 1 hour) for advanced swimmers; beginners will practice @ 5:30pm (for 30 min.). **We will start morning practices on Tuesday, May 26<sup>th</sup>** .

Every parent/guardian must sign a waiver of liability prior to their child entering the water for practice. **You are encouraged to complete registration forms and pay fees when completing the liability form.** All checks will be held until May 18th--if your child decides they do not want to participate during the first week, we will return your check (no cash, please)—however, you must let the coach know or call Christine Quinn @ 228-3659.

Monday, May 18th, practice will begin @ 4:30pm (for 1 hour); beginners will practice @ 5:30pm (for 30 min). **All fees and registration forms must be signed & completed before your child may practice on May 18<sup>th</sup>** .

1. Fees are non-refundable after Monday, May 18<sup>th</sup> .
2. Parents should encourage children to attend all practices. If the child does not practice, it will be difficult for him to compete successfully.
3. **You are expected to work at each swim meet in which your child is participating.** If you have a medical problem please speak with a board member prior to the meet.
4. You **must** let the coaches know on or **before Friday's practice** if you child will **not swim** in a meet. *Or* call the number given on each phone message.
5. Swim team swimmers are only to use the pool during regularly scheduled practices and swim meets. Parents waiting for their child to complete practice, please do not use the lounge chairs, these are reserved for pool members only (opens @ 10:30am), please sit under the tent or in that general area. Please leave the pool as soon as practice completes.
6. We will have a list of swim team members and phone numbers available, ASAP
7. **All swimmers** are to check in at **ALL MEETS. THIS IS MANDATORY!**
8. We recommended the **TEAM SUITS** only to be worn during MEETS to save the life of the suit. We will have this team suit for this year only.
9. We have a website you can access for important information such as the meet schedule, directions to meets, entries to meets, work schedule, and etc. please visit our website @ **www.thefins.net**

## **Board Members:**

**President: Christine Quinn (706-228-3659)** Farmington Resident

**Vice President: Dayna Dismukes (706-496-2948)** Farmington Resident

**Treasurer: Kenny Middlebrooks (706-863-5753)** Farmington Resident

**Catrina Knight (706-854-9872)** Outside of Neighborhood

**CSRA Representative: Jennifer Thornton (706-860-2071)** Farmington Resident

Other Associates: Jennifer Gordon, Mary Slaughter

## **2009 MEET SCHEDULE**

**June 2 Black/Blue Time Trials @ FINS 5:00PM**

**June 9 WSP @ FINS 5:00PM**

**June 16 FINS @ West Lake 5:00PM**

**June 23 Montclair @ FINS 5:00PM**

**June 30 FINS @ NACC 5:00 PM**

**DIVISIONALS- July 13-17**

**ALLSTARS- following divisionals**

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## **Stroke & Turn Clinic**

Please call Jerry Faulkner if interested at:

Home: 803-278-3690

Work: 706-826-3714

Cell: 706-833-6602

## **Meet Manager Class**

Please let us know if you are interested in attending this class

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\*While your child is warming-up for the meets, please view the heat sheets (list of events) and write down your child's events, event numbers, & what lane they will be swimming in. Write this information (permanent marker is best) on your child's arm. This will help them not miss their event and will also help the shepherds. Shepherds will help the younger children (10 & under) get lined up for their events, if they stay in the bullpen. We **cannot** chase your child all over the pool for their event. **Please write your child's name on their shoulder, this also helps the shepherds.**

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**You are required to work at least half of a meet, for every meet you have a child participating. If you are unable to work, you are to delegate someone to work in your place. This is your responsibility, not the boards, not the coaches and not the meet coordinators. If you have extenuating circumstances, you need to speak with a board member ASAP.**

**Definitions: (most jobs are for only half of the meet)**

1. **Timer-** use stop watch to time swimmer events; there are two for each lane
2. **Runner-** collects time slips after each event and takes to score room; usually 2-3 runners each meet
3. **Score room-** record times for each team and tally the score for each team; work with a group of people

4. **Concessions**-sell food and drinks
  5. **Set-up**- come early and help get the pool, chairs and concessions set up (be at pool by 4p, only home meets)
  6. **Clean-up**- stay after meet and help return pool to working order, includes picking up trash
  7. **Shepherd**- helps to organize and corral the younger children for their events
  8. **Head timer**- you will hold and start two timers with each event, if one of the lane times fails to start/work correctly, you take the appropriate lane one of you timers.
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**Parents/Spectators Code of Conduct: (From CSRA SWIM LEAGUE)**

1. Parents/spectators should remember that the goal of summer swim league is: to support childhood growth and development through swimming- the fundamental techniques will be emphasized, with the focus on sportsmanship, teamwork and having fun.
2. Parents/spectators should keep the perspective what swim league is all about – through sports, a child can experience attitudes which can help shape a happy, productive and well-adjusted life. By creating a healthy environment, all children can be winners, regardless of the won-lost record.
3. Our children learn from what they observe – let your behavior “set the example” for our swimmers.
4. Parents/spectators should remember they are present to support the children, not to draw attention to them.
5. Parents/spectators should remember that coaches and officials are trying to help our children and are qualified in swimming. Unless you are invited to take an active part in coaching, do not complain/offer advice from the deck/gallery.
6. Parents/spectators who attend swim meets should promote well-being and cheer for a job well done, regardless of which team the child is swimming for.